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Essential Oil Perfume Recipes: 20 Perfected Scents You Can Easily Make At Home

But before we get started, I do ask that you that you abide by our terms and conditions and please do not distribute this perfume guide without permission.

Your friends and family are welcome to obtain their own free copy of the guide at:

http://www.EssentialOilPerfumeRecipes.com

For Information on purchasing Quality Therapeutic Essential Oils, visit:

www.OilySociety.com

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Essential oils are very powerful, so please use caution when working with, and applying essential oils to the skin. Some oils are not recommended while pregnant, nursing or for small children. Click here for more essential oil safety information.

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About the Contributors:

This Perfume Guide is a collaboration of recipes from several top beauty/health and wellness bloggers around the web. You will also find some lovely recipes from Mountain Rose Herbs, my favorite online source for high quality homemade beauty supplies.

Mindy Benkert of Simple Pure Beauty.com & Dily Society.com



I'm Mindy Benkert, a wife, mother whole food lover with a passion for sharing natural and safe alternatives to conventional (chemical laden) products in and around the home.

At Simple Pure Beauty it is our mission to spread the word about the harmful ingredients found in so many things in and around our homes and families. We strive to find and share safer, healthier alternatives to many products on the market today by sharing homemade remedies with all natural ingredients, or by finding and sharing our favorite natural products with our readers.

Christina Anthis of The Hippy Homemaker, com



Hi, I am Christina and I am The Hippy Homemaker.

After years of surgeries, pain, poor health and narcolepsy; I realized that my poor diet and all of the toxic chemicals in my life were causing me a LOT of problems!

I made diet and lifestyle changes that saved my life! I write about green and eco-friendly living, natural health, aromatherapy, herbalism and more. Join me on my journey to a healthier and hippier lifestyle!

Shannon Buck of Fresh Picked Beauty, com



My name is Shannon Buck and I have a love for all things natural, organic and eco-friendly.

I really fancy making my own homespun skincare and beauty products right in my own kitchen using organic and all-natural ingredients.

Learn how to make your very own kitchen-crafted beauty and skincare products with Fresh-Picked Beauty's tutorials and how-to's. I am an Herbalist & Aromatherapist.

So Why Make Your Own Perfume?

Have you ever been in an elevator or sitting on an airplane when someone squeezes in next to you? This alone can be uncomfortable. If that someone is also wearing a strong perfume or cologne, it can be downright miserable.

Commercial perfumes can trigger asthma, headaches, wheezing and nausea in many people. Do you find yourself avoiding the cosmetic area of department stores simply because the smells from the perfume counter ruin the rest of your day?

There's a reason commercial perfumes have such a strong, unpleasant effect on you. You are right to avoid them. Avoiding commercial perfumes does not mean that you have to give up on having a signature scent, though. Making your own perfumes is a simple, safe alternative that allows you to develop a high personalized scent that suits your personality and taste.

Keep it Simple

A general rule for just about everything in life is: If you can't pronounce it, you probably shouldn't eat it or put it on your body.

Have you ever read a perfume label? It's unlikely. Because perfume recipes are considered to contain trade secrets, their manufacturers do not have to disclose their ingredients. It's not enough for the bottle to say "all natural." In fact, more often than not, it's categorically dishonest!

Commercial perfumes are largely made with synthetic compounds, toxins and hormone disruptors that might replicate the smell of an essential oil but have none of the benefits. Instead, these compounds tax your respiratory system, your liver and kidneys and can potentially cause birth defects.

When you make your own perfume, you are fully aware of the contents. Not only that, you will be able to spell the ingredients without having a PhD. in chemistry. You will be using ingredients that are easily found, non toxic and healthful. Additionally, you can create unique fragrance blends that celebrate your mood, the season or even a specific personality trait.

The Nose Knows

As you begin learning about perfume making, one of the first things you'll discover is that a good perfume is never comprised of one scent. Instead, you will be learning about and experimenting with top, middle and base notes.

After some trial and error, you will begin to understand the power of each element of the perfume. You will also discover what types of scents best suit you.

Top Note

Think of the top note of a perfume as the perfume's way of saying "Hi, I'm here!" The top note is usually a fresh, light scent that, while bright in the beginning, is the fastest part of your perfume to fade.

Middle Note

The middle note is the heart of your perfume. This is the smell that will hold the top and bottom notes together. It might not appear when you initially put the perfume on, middle notes can take up to two hours to make their appearance.

Base Note

Anchoring the top and middle fragrances is your strong bottom note. Mixed in the right proportions, your base note will be evident in your perfume but not overwhelming.

Here is a nice breakdown of the different notes for your reference:

Top Notes	Middle Notes	Base Notes
Bergamot (top to middle)	Cardamom	Benzoin
Clary Sage (top to middle)	Chamomile	Cedarwood
Eucalyptus	Cypress	Cinnamon (base to middle)
Grapefruit	Cedarwood	Clove
Lemon	Fennel	Frankincense
Lemongrass (top to middle)	Geranium	Ginger (base to middle)
Lime	Juniper	Patchouli
Neroli <i>(top to middle)</i>	Lavender (middle to top)	Rose
Orange	Melissa (middle to top)	Rosewood (base to middle)
Peppermint	Nutmeg	Sandalwood
Sage	Palma Rosa	Valerian
Tangerine	Pine	Vanilla
Tea Tree	Rosemary	Vetiver
		Ylang Ylang (Base to Middle)
		<u> </u>

You will discover ways to make a traditional spray perfume using vodka, carrier oil and your personal blend of essential oils. Another scent option is to create a solid perfume with carrier and essential oils. And, to keep in your purse, you will want to try making a roll-on perfume.

You are already careful about what you eat, how you clean and what you wear. Creating your own perfumes is yet another way you can protect yourself and your family from toxins.

It's simple, affordable and the best part? It's fun!

Experimenting with essential oil blends is educational and slightly addictive. You'll find yourself thinking up new blends as soon as you've created your first perfume.

Where to Buy Quality Therapeutic Essential Oils



When I started my journey toward a healthier, less toxic lifestyle, essential oils were the furthest thing from my mind. As a matter of fact the only essential oil I even recognized was tea tree oil because of my lifelong battle with acne.

But as I started eliminating chemical cleaners and toxin filled personal care products, I realized something pretty amazing:

"You can re-create almost anything you need with a handful of natural products and a few drops of essential oils."

When I first began using Essential Oils, my focus was on finding the cheapest price. I would scour the web and Amazon comparing prices for individual oils.

I have since learned, that with Essential Oils, cheap isn't always better.

I know where the grass fed meat I feed my family comes from along with the fresh produce I buy from local farmers.

So why should I compromise on the standard of Essential Oils that I purchase for my family?

That's why I chose **Young Living Essential Oils**. With Young Living's "Seed to Seal" process, plants are grown on their own farms without the use of pesticides. *(above organic standards)* Weeding is done by hand and the essential oils are distilled without chemicals. To guarantee consistent, verifiable quality, the oils are tested in Young Living's own internal labs, as well as in third-party facilities.

Click Here to Learn More About Young Living Essential Oils







Recipe Contributed by Christina, The Hippy Homemaker

This is my romantic aphrodisiac blend. It's bright and fruity but feminine and heady. I can't get enough of this one, there's something very attractive about this blend!

To simplify this recipe, if you did not want to use more than one carrier oil, you could just simply use 1/4 cup oil to 1 Tbsp. beeswax. I like to combine oils to get just the right consistency, since some oils are really oily, while other are dry and will sink in faster.

Ingredients

- 3 Tbsp. grapeseed oil (you could substitute any carrier oil such as hemp seed, jojoba oil, sweet almond oil, olive oil, or even more coconut oil, if you wanted!)
- 1 Tbsp. unrefined coconut oil (you could substitute any carrier oil here)
- 1 Tbsp. beeswax pastilles
- 25 drops grapefruit essential oil
- 25 drops tangerine essential oil
- 10 drops rose absolute
- 5 drops sandalwood essential oil
- 3 drops ylang ylang essential oil

Directions

- 1. In a double boiler, heat up and melt the beeswax along with the carrier oils, until melted.
- 2. Once melted, remove from heat and add essential oils, stirring well until combined.
- 3. Pour your mixture into the containers you have chosen for your solid perfume.
- 4. If wanting to add this to something small and delicate such as a locket, I suggest using a dropper to fill the small area, for a much prettier and consistent, end result.

Christina's Blog

TheHippyHomemaker.com

Christina's Etsy Shop



I really like this blend year around because it was originally created as my stress/anxiety blend but it just smells so good, I think it makes a great perfume too!

To simplify this recipe, if you did not want to use more than one carrier oil, you could just simply use 1/4 cup oil to 1 Tbsp. beeswax. I like to combine oils to get just the right consistency, since some oils are really oily, while other are dry and will sink in faster.

Ingredients

- 3 Tbsp. grapeseed oil (you could substitute any carrier oil such as hemp seed, jojoba oil, sweet almond oil, olive oil, or even more coconut oil, if you wanted!)
- 1 Tbsp. unrefined coconut oil (you could substitute any carrier oil here)
- 1 Tbsp. beeswax pastilles
- 35 drops grapefruit essential oil
- 15 drops sweet orange essential oil
- 15 drops lavender essential oil
- 5 drops roman chamomile essential oil
- 10 drops clary sage essential oil

Directions

- 1. In a double boiler, heat up and melt the beeswax along with the carrier oils, until melted.
- 2. Once melted, remove from heat and add essential oils, stirring well until combined.
- 3. Pour your mixture into the containers you have chosen for your solid perfume.
- 4. If wanting to add this to something small and delicate such as a locket, I suggest using a dropper to fill the small area, for a much prettier and consistent, end result.

Christina's Blog

TheHippyHomemaker.com

Christina's Etsy Shop



This scent is so grounding and calming. I really love the blend of sweet and earthen; the sweet of the marjoram, ylang ylang, and lavender, with the earthiness of the cedarwood.

To simplify this recipe, if you did not want to use more than one carrier oil, you could just simply use 1/4 cup oil to 1 Tbsp. beeswax. I like to combine oils to get just the right consistency, since some oils are really oily, while other are dry and will sink in faster.

Ingredients

- 3 Tbsp. grapeseed oil (you could substitute any carrier oil such as hemp seed, jojoba oil, sweet almond oil, olive oil, or even more coconut oil, if you wanted!)
- 1 Tbsp. unrefined coconut oil (you could substitute any carrier oil here)
- 1 Tbsp. beeswax pastilles
- 20 drops lavender essential oil
- 30 drops sweet marjoram essential oil
- 10 drops Virginia cedarwood essential oil
- 3 drops ylang ylang essential oil

Directions

- 1. In a double boiler, heat up and melt the beeswax along with the carrier oils, until melted.
- 2. Once melted, remove from heat and add essential oils, stirring well until combined.
- 3. Pour your mixture into the containers you have chosen for your solid perfume.
- 4. If wanting to add this to something small and delicate such as a locket, I suggest using a dropper to fill the small area, for a much prettier and consistent, end result.

Christina's Blog

TheHippyHomemaker.com

Christina's Etsy Shop



This is my based off of my blend that I use for creativity boosting when my writing is in a rut! I also love to use this when I meditate as well! I have switched out the sandalwood I normally use for nutmeg essential oil. You can interchange them in the recipe if you like.

Ingredients

- 3 Tbsp. grapeseed oil (you could substitute any carrier oil such as hemp seed, jojoba oil, sweet almond oil, olive oil, or even more coconut oil, if you wanted!)
- 1 Tbsp. unrefined coconut oil (you could substitute any carrier oil here)
- 1 Tbsp. beeswax pastilles
- 10 drops cinnamon leaf essential oil
- 10 drops clove essential oil
- 5 drops vanilla absolute
- 10 drops bergamot essential oil
- 20 drops sweet orange essential oil
- 5 drops Virginia cedarwood essential oil
- 5 drops frankincense essential oils

Directions

- 1. In a double boiler, heat up and melt the beeswax along with the carrier oils, until melted.
- 2. Once melted, remove from heat and add essential oils, stirring well until combined.
- 3. Pour your mixture into the containers you have chosen for your solid perfume.
- 4. If wanting to add this to something small and delicate such as a locket, I suggest using a dropper to fill the small area, for a much prettier and consistent, end result.

Christina's Blog

TheHippyHomemaker.com

Christina's Etsy Shop



Solid perfume is a delightful and simple beauty recipe to create. There are essentially only three ingredients in a solid perfume. You simply blend carrier oil, wax and essential oils together.

Ingredients

- 15 ml Jojoba Oil
- 50 drops Patchouli Essential Oil
- 40 drops Tangerine Essential Oil
- 5 grams Beeswax

Directions:

- 1. Measure out the Jojoba Oil or grapeseed oil in a small shot glass.
- 2. Add in your essential oils and gently blend well. This is your opportunity to test it out on your skin and determine if it needs more essential oils.
- 3. Measure out your beeswax. Beeswax comes in both pastilles and various sized bricks. You can substitute soy wax too.
- 4. Place the beeswax in a small glass and heat in a water bath until melted. Once melted, keep the melted container of beeswax in the hot water but remove from the heat.
- 5. Pour your essential oil blend into the melted beeswax. You will notice that the mixture will immediately start to solidify. This is why you keep the container in the hot water and gently stir for a few seconds to re-melt.
- 6. It should only take about 20 seconds to re-melt the perfume.
- 7. Quickly and carefully, pour the melted perfume into your chosen container. For best results you should fill to the very top. Allow to sit undisturbed for about 30 minutes to harden.

Shannon's Blog FreshPickedBeauty.com

Shannon's Etsy Shop

https://www.etsy.com/shop/FreshPickedBeauty





Recipe Contributed by Mountain Rose Herbs

Here's a wonderful solid perfume recipe to excite the senses and stabilize your exhausted emotions. Simply apply a bit on the neck and pulse points to enjoy. Super easy to make and totally customizable, this harmonizing solid aroma balm is perfect for your summer fun.

Balm Base Ingredients

- 1 ½ cup organic Almond oil
- 1/2 cup organic grapeseed oil
- 1 tsp vitamin e oil
- ½ cup beeswax pastilles

Revitalizing Solid Perfume Aroma Blend

- 60 drops organic Lemon essential oil
- 25 drops organic Eucalyptus essential oil
- 22 drops organic Cinnamon Leaf essential oil
- 22 drops organic Rosemary essential oil

*Cinnamon Bark essential oil is very strong and may cause irritation if using on the skin. I went with Cinnamon Leaf essential oil to avoid potential irritation. All essential oils are highly concentrated, so please use and craft with care!

Directions:

- 1. In a double boiler (Pyrex is easiest), melt the beeswax pastilles into your carrier oil mix.
- 2. Once completely melted, remove from heat and add Essential Oils and Vitamin E Oil
- 3. Stir and pour into 1 oz containers. You can also find beautiful lockets at thrift stores to use instead of tins. These make sweet gifts and are fun to wear!
- 4. Allow to cool on a safe shelf, away from pets and children.





Recipe Contributed by Mindy of Simple Pure Beauty

I know most perfume recipes call for a blending of top, middle and base notes. But I've always loved the simple smell of Vanilla. I love adding vanilla to some of my more complex recipes, but this one is simple, but beautiful. It can easily be created as a roll-on or solid perfume with just a few easy steps.

Ingredients

- 20 drops organic Vanilla essential oil
- 2 tsp organic Jojoba Oil

Directions

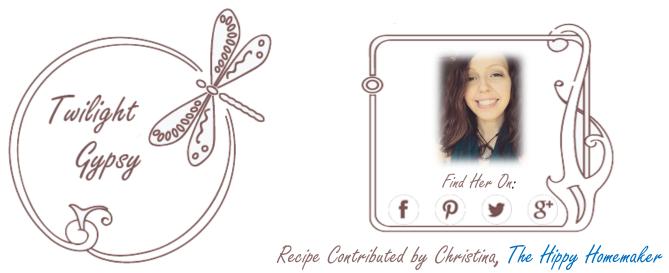
- 1. Drip Vanilla essential oil into a glass bottle.
- 2. Add Jojoba oil and roll again.
- 3. Add additional essential oils for a stronger perfume.

To Create a Solid Perfume

- 1. Melt 1 tsp of grated beeswax in a double boiler.
- 2. Add 1 TBS of organic Jojoba Oil and mix
- 3. Remove from heat and stir in 20-25 drops of organic Vanilla essential oil.
- 4. Pour into tin or storage container to cool.
- 5. Add additional essential oils for a stronger perfume.

Mindy's Blog

SimplePureBeauty.com



Twilight Gypsy is a very sensual feminine dance under the moonlight. Twilight Gypsy is a sweet and spicy, floral blend.

To simplify this recipe, if you did not want to use more than one carrier oil, you could just simply use 1/4 cup oil to 1 Tbsp. beeswax. I like to combine oils to get just the right consistency, since some oils are really oily, while other are dry and will sink in faster.

Ingredients

- 3 Tbsp. grapeseed oil (you could substitute any carrier oil such as hemp seed, jojoba oil, sweet almond oil, olive oil, or even more coconut oil, if you wanted!)
- 1 Tbsp. unrefined coconut oil (you could substitute any carrier oil here)
- 1 Tbsp. beeswax pastilles
- 40 drops lavender essential oil
- 10 drops clove essential oil
- 6 drops nutmeg essential oil
- 8 drops vanilla absolute
- 2 drops ylang ylang essential oil

Directions

- 1. In a double boiler, heat up and melt the beeswax along with the carrier oils, until melted.
- 2. Once melted, remove from heat and add essential oils, stirring well until combined.
- 3. Pour your mixture into the containers you have chosen for your solid perfume.
- 4. If wanting to add this to something small and delicate such as a locket, I suggest using a dropper to fill the small area, for a much prettier and consistent, end result.

Christina's Blog

TheHippyHomemaker.com

Christina's Etsy Shop







Recipe Contributed by Mountain Rose Herbs

A fresh citrus scent with herbal notes, this uplifting aroma is stimulating and revitalizing.

Ingredients

- 1 fresh organic Lemon peel zest only
- 1 fresh organic Grapefruit peel zest only
- Organic essential oil of choice, examples: Basil, Chamomile, Lavender, or Peppermint
- 8 oz Vodka

Directions

- 1. Combine Lemon and Grapefruit peel zest in a glass mason jar and add vodka until the liquid rises above the peel zest by at least 1".
- 2. Cap tightly and shake once or more per day.
- 3. After 2-6 weeks, strain out the citrus peels and pour the resulting cologne into a glass bottle with a mister top.
- 4. Add 2 drops of essential oil for each tablespoon of finished cologne.
- 5. Add more essential oil if you desire a stronger cologne.

The Mountain Rose Herbs Online Store

http://mountainroseherbs.com

The Mountain Rose Blog http://mountainroseblog.com/





Recipe Contributed by Mountain Rose Herbs

This relaxing cologne can be made with fresh blossoms straight from the garden! The flowers help ease depression, anxiety, stress, insomnia, hyperactivity, irritability, tension, and exhaustion.

Ingredients

- Fresh or dried organic Rose Petals
- Fresh or dried organic Chamomile flowers
- Fresh or dried organic Lavender flowers
- Vodka

Directions

- 1. Combine all ingredients in a glass mason jar and add vodka until the liquid rises above the flowers by at least 1".
- 2. Cap tightly and shake once or more per day.
- 3. After 2-6 weeks, strain the flowers and pour the resulting cologne into a glass bottle with a mister top.

The Mountain Rose Herbs Online Store

http://mountainroseherbs.com

The Mountain Rose Blog

http://mountainroseblog.com/





Recipe Contributed by Shannon of Fresh Picked Beauty

Lena's Perfume is a woodsy-earthy blend of Spruce, Cypress, Cedarwood, Vetiver, Bergamot Mint and Benzoin. This blend reminds me of camping with my husband in the Olympic Mountains. You can choose either a base of jojoba oil or Vodka. This is great for both guys and gals!!

Ingredients

- 30 ml Vodka
- 5 drops Bergamot Mint Essential Oil
- 3 drops Benzoin Resin
- 4 drops Cedarwood Essential Oil
- 3 drops Vetiver Essential Oil
- 10 drops Spruce Essential Oil
- 5 drops Cypress Essential Oil

Directions

- 1. Blend well in a roller-ball or spray bottle.
- 2. Shake frequently for at least seven days.
- 3. Shake well before applying.

Shannon's Blog

FreshPickedBeauty.com

Shannon's Etsy Shop

https://www.etsy.com/shop/FreshPickedBeauty





Recipe Contributed by Mountain Rose Herbs

A warming, spicy, and exotic blend that will lift spirits, invigorate senses, alleviate stress, mental fatigue, and tension. The aroma is delightfully reminiscent of Chai tea.

Ingredients

- 1 organic Cinnamon Stick
- 25 organic whole Cardamom Pods
- 15 organic Cloves
- 1 organic Vanilla Bean cut into small pieces
- 1 fresh organic Orange peel zest only
- 8 oz Vodka

Directions

- 1. Crush spices in a mortar and pestle.
- 2. Combine with Vanilla Bean pieces, Orange peel zest, and vodka in a glass mason jar.
- 3. Cap tightly and shake once or more per day.
- 4. After 2-6 weeks, strain the spices and pour the infused liquid into a glass bottle with a mister top.
- 5. Simply add more spices if you desire a stronger cologne.

The Mountain Rose Herbs Online Store

http://mountainroseherbs.com

The Mountain Rose Blog

http://mountainroseblog.com/



Give the gift of pure aromatic bliss-without the toxic synthetics! With dry floral notes and a smooth finish, this well-balanced fragrance isn't too sweet or overpowering. An economical and environmentally friendly alternative to expensive commercial perfumes.

Ingredients

- 20 drops Helichrysum Essential Oil
- 10 drops Clary Sage Essential Oil
- 10 drops Bergamot Essential Oil
- 10 drops Lavender Essential Oil
- 10 drops Vanilla or Benzoin Absolute Oil

Directions

- 1. Mix all oils together in a glass bottle and let sit for at least 2 days. Vanilla absolute may be warmed in the palm of your hand for ease of use.
- 2. Open the bottle and smell to adjust for personal preference.
- 3. Add 4 ounces of vodka and shake well.
- 4. Allow to cure for 1 month before use.
- 5. Spray on neck and wrists as desired.

Shannon's Blog

FreshPickedBeauty.com

Shannon's Etsy Shop

https://www.etsy.com/shop/FreshPickedBeauty





Recipe Contributed by Mountain Rose Herbs

A relaxing and warming blend reminiscent of summer, with a lightly floral aroma complemented by hints of spice and cedar. Especially useful during times of stress, anxiety, irritability, or depression. A great lift-me-up during the cold and dark winter months!

Ingredients

- 10 drops organic Lavender essential oil
- 5 drops organic Chamomile essential oil
- 4 drops organic Cardamom essential oil
- 1 drop organic Cedarwood essential oil
- 1 drop organic Geranium (Rose) essential oil
- 1 tsp organic Jojoba Oil

Directions

- 1. Drip all essential oils into a glass bottle
- 2. Roll between palms to evenly mix the oils.
- 3. Add Jojoba oil and roll again.
- 4. Add additional essential oils if you desire a stronger perfume.

The Mountain Rose Herbs Online Store

http://mountainroseherbs.com

The Mountain Rose Blog

http://mountainroseblog.com/







Recipe Contributed by Shannon of Fresh Picked Beauty

Ingredients

- 8 ml 190 proof Vodka
- 10 drops Sandalwood essential oil
- 8 drops Mandarin essential oil
- 8 drops Jasmine absolute
- 5 drops lemon essential oil
- 2 drops Cardamom essential oil
- 2 drops Patchouli essential oil
- 2 drops Ylang Ylang essential oil
- 2 drops Vetiver essential oil

Directions

Mix ingredients into a perfume roller. Shake well.

Shannon's Blog

FreshPickedBeauty.com

Shannon's Etsy Shop

https://www.etsy.com/shop/FreshPickedBeauty





Rejuvenating, uplifting, energizing, and stimulating. This blend is good for mental clarity, lack of focus, and fatigue.

Ingredients

- 13 drops organic Peppermint essential oil
- 13 drops organic Rosemary essential oil
- 5 drops organic Lemon essential oil
- 5 drops organic Sage essential oil
- 5 drops organic Juniper Berry essential oil
- 1 tsp organic Jojoba Oil

Directions

- 1. Drip all essential oils into a glass bottle.
- 2. Roll between palms to evenly mix the oils.
- 3. Add Jojoba oil and roll again.
- 4. Add additional essential oils if you desire a stronger perfume.

The Mountain Rose Herbs Online Store

http://mountainroseherbs.com

The Mountain Rose Blog

http://mountainroseblog.com/





Recipe Contributed by Mindy of Simple Pure Beauty

Simply Elegant yields a citrus-like fragrance with a hint of floral qualities from the Neroli and Lavender oils. With a citrus base of Bergamot and lovely hint of Vanilla, it's a perfect combination.

Ingredients

- 8 drops Bergamot essential oil
- 5 drops Vanilla essential oil
- 5 drops Lemon essential oil
- 3 drops Neroli essential oil
- 1 drop Lavender essential oil
- 2 tsp organic Jojoba Oil

Directions

- 1. Drip all essential oils into a glass bottle
- 2. Roll between palms to evenly mix the oils.
- 3. Add Jojoba oil and roll again.
- 4. Add additional essential oils for a stronger perfume.

Mindy's Blog

SimplePureBeauty.com





Recipe Contributed by Mindy of Simple Pure Beauty

Are you looking for a fun fruity perfume? This Sweet Citrus Perfume is super simple and fun to make. Avoid the questionable ingredients in brands like Bath & Body Works and create this fun, safe fruity fragrance instead.

Ingredients

- 5 drops Vanilla essential oil
- 2 drops Mandarin essential oil
- 2 drops Tangerine essential oil
- 2 drop Sweet Orange essential oil
- 1 drop Neroli essential oil
- 1 tsp organic Jojoba Oil

Directions

- 1. Drip all essential oils into a glass bottle
- 2. Roll between palms to evenly mix the oils.
- 3. Add Jojoba oil and roll again.
- 4. Add additional essential oils for a stronger perfume.

Mindy's Blog SimplePureBeauty.com





Recipe Contributed by Mindy of Simple Pure Beauty

This fragrance contains some of my favorite scents. Vanilla is one of my all time favorite and I absolutely love the sweet floral scent of Neroli. Combining that with the subtle woodsy scent of Cedarwood and you have one of my favorite combinations.

Ingredients

- 4 drops Vanilla essential oil
- 1 drop Benzoin essential oil
- 1 drop Cedarwood essential oil
- 2 drops Neroli essential oil
- 2 drops Sweet Orange essential oil
- 1 tsp organic Jojoba Oil

Directions

- 5. Drip all essential oils into a glass bottle
- 6. Roll between palms to evenly mix the oils.
- 7. Add Jojoba oil and roll again.
- 8. Add additional essential oils if you desire a stronger perfume.

Mindy's Blog
SimplePureBeauty.com

ompler drebeddty.co





Recipe Contributed by Mountain Rose Herbs

I love this blend! It truly smells like the forest. Uplifting, grounding, meditative, and comforting.

Ingredients

- 4 drops Spruce essential oil
- 2 drops Fir Needle essential oil
- 2 drops Cedarwood essential oil
- 1 drop Vetiver essential oil
- 1 drop Bergamot essential oil
- 1 tsp organic Jojoba Oil

Directions

- 1. Drip all essential oils into a glass bottle and roll between palms to evenly mix the oils.
- 2. Add Jojoba oil, and roll again.
- 3. Add additional essential oils if you desire a stronger perfume.

The Mountain Rose Herbs Online Store

http://mountainroseherbs.com

The Mountain Rose Blog

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